Training for Trainers - Training Curriculum

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Duration: 2 full training days
Target group: Young people (16–30) who will act as peer educators / workshop facilitators
Pedagogical approach: Popular education, critical reflection, peer learning, experiential facilitation practice

Overall purpose:
To prepare young people to become **Climate Communicators** capable of independently delivering workshops on climate justice, youth policy, and advocacy using participatory and popular education methods.

Competence Framework

By the end of the training, participants are able to:

- Explain climate justice in an accessible way by using interactive exercises
- Apply intersectional and anti-colonial perspectives to climate discussions
- Understand Friends of the Earth Sweden's vision and advocacy approach
- Design and facilitate participatory workshops
- Handle group dynamics and challenging workshop scenarios
- Inspire others toward civic and political engagement through workshops

Training Structure Overview

Module	Focus	Core Competence
Module 1	Context: FoE, YPA, and Climate Communicators	Understanding purpose and organisational framework
Module 2	Climate Justice Through Data & Critical Reflection	Analytical understanding of responsibility and vulnerability
Module 3	How to Facilitate a Workshop	Practical pedagogy and structure
Module 4	Practising the Workshops	Experiential learning through role-play
Module 5	Handling Real Workshop Situations	Managing group dynamics and challenges
Module 6	From Workshop to Action	Inspiring engagement and advocacy

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Module 1 — Introduction to Friends of the Earth, YPA and the Role of Climate Communicators

Timing: Day 1

Learning objectives

- Understand the Erasmus+ project framework
- Understand the relationship between YPA and Climate Communicators
- Clarify expectations of the role as workshop facilitators

Methods

- Presentation with Q&A
- Group discussion on expectations

Outputs

- Shared understanding of purpose and role

Module 2 — Climate Justice Through Emissions & Vulnerability Mapping

Timing: Day 1

Learning objectives

- Understand different ways to measure emissions responsibility:
  - Annual emissions per country
  - Per capita emissions
  - Consumption-based emissions
  - Historical cumulative emissions
- Understand the concept of vulnerability and adaptive capacity
- Identify the imbalance between responsibility and impact

Methods

- Individual reflection: “Who is the largest emitter?”
- Group discussion
- Analysis of multiple emission maps
- Vulnerability association exercise
- Guided reflection questions

Outputs

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- Critical understanding of climate justice
- Ability to explain emissions vs vulnerability in workshops

Module 3 — Practical Workshop Facilitation Skills

Timing: Day 2, morning

Learning objectives

- Understand how a workshop is structured
- Learn logistical and practical aspects (booking, travel, remuneration)
- Gain motivation from previous examples

Methods

- Presentation of previous youth-led workshops
- Practical instructions
- Motivational examples

Outputs

- Clarity on how workshops are organized
- Increased confidence in taking the facilitator role

Module 4 — Experiencing the Workshop as Participants

Timing: Day 2

Learning objectives

- Experience the climate justice workshop firsthand
- Observe facilitation techniques in practice

Methods

- Trainers conduct the actual workshop
- Debrief analysing methods used

Outputs

- Embodied understanding of workshop flow
- Facilitation techniques observed in context

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Module 5 — Handling Challenging Workshop Scenarios

Timing: Day 2

Learning objectives

- Prepare for real-life group dynamics
- Learn to manage difficult questions, disengagement, or conflict

Methods

- Lecture from experienced workshop facilitator
- Scenario discussions
- Safe-space problem solving

Outputs

- Preparedness for common workshop challenges
- Increased facilitator confidence

Module 6 — Inspiring Action Through Workshops

Timing: Day 2

Learning objectives

- Understand that the purpose of workshops is to inspire action
- Practice final creative exercise used in workshops

Methods

- Creative campaign planning exercise
- Reflection on how workshops link to advocacy

Outputs

- Ability to end workshops with action-oriented energy

Pedagogical Characteristics

- Popular education methods
- Participatory prioritisation tools (beans voting, rotating ideas)
- Visual learning through maps and diagrams
- Role-play and experiential learning

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- Peer learning and confidence building
- Emphasis on critical thinking and ethical reflection

Materials Used

- Emissions maps (annual, per capita, consumption-based, cumulative)
- Vulnerability map
- Flipcharts and dried beans
- Slides and facilitation guides

Final Outcome

After completing this curriculum, participants are prepared to independently conduct climate justice and advocacy workshops for other young people using participatory, critical, and creative methods aligned with Friends of the Earth's values.

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